

# G©ALKEEPERS NEWSLETTER

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ANIMA KHALKHO, COMMUNITY MOBILIZER, CITIZENS FOUNDATION JJY GUMLA, RECOGNIZED AS WATERSHED YODDHA BY THE GOVERNMENT OF JHARKHAND 3 DAYS HEALTH CAMP IN KHUNTI, KARRA
IN COLLABORATION WITH UNION BANK OF INDIA

# **OPINION**

I am truly impressed with the activities of Citizens Foundation. A true leader in sustainable development areas among the NGO Sector.

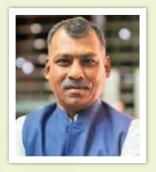
Dr. Jagannath Patnaik,

Vice Chancelor - ICFAI University Sikkim





### FROM THE SECRETARY'S DESK



It has been an inspiring month filled with meaningful progress and renewed hope. Your support continues to be the driving force behind our work, helping us empower communities and uplift lives. This month's newsletter brings you exciting updates on our Annual Retreat and Republic Day celebration fostering staff and community bonding. We demonstrated our commitment to health for all, through health camps for accessible health services. The edition also highlights the transformations in the community through various initiatives in the field. We're excited to keep pushing forward together as partners in change. Thank you for being a part of this incredible journey.

Mr. Ganesh Reddy Secretary Cum CEO

#### CITIZENS FOUNDATION'S ANNUAL RETREAT









Citizens Foundation kickstarted the year with an unforgettable annual retreat at Puri, Odisha! The Head Office team spent three incredible days filled with fun, frolic, and team-building activities, strengthening our bond and recharging our spirits. Here's to a year of greater dedication and teamwork.

# REPUBLIC DAY CELEBRATION AT CITIZENS FOUNDATION

Citizens Foundation celebrated Republic Day with vibrant events across multiple locations, including flag hoisting, cultural performances, games, community bonding. Highlights included speeches and activities at Govt. Middle School, Dakhte Hoj, at HRDP Arunachal Pradesh, traditional games and cultural events in IVDP Karra Project at Karra Block schools: enthusiastic celebrations at the head office, fostering national pride and unity.











# ANIMA KHALKHO, COMMUNITY MOBILIZER, CITIZENS FOUNDATION JJY GUMLA, RECOGNIZED AS WATERSHED YODDHA BY THE GOVERNMENT OF JHARKHAND

Anima Khalkho a dedicated community mobilizer trained by Citizens Foundation, actively leading watershed initiatives and Self-Help Group (SHG) formations was recognized by the Jharkhand State Watershed Mission, Rural Development Department for her dedicated efforts and contributions to Watershed Development Works under the Pradhanmantri Krishi Sinchayee Yojana, Watershed Development Component 2.0 (WCDC-PMKSY 2.0). Anima is engaged with Citizens Foundation and is monitoring 10 villages in Albert Ekka Jari, mobilizing villagers to ensure collective action, resource management and women's empowerment. Her leadership strengthens community resilience and drives positive change. Citizens Foundation is committed towards mobilizing such community leaders for sustainability of their initiatives.





# **HEALTH CAMP AT IVDP MANDIA, ASSAM**











A Health Camp was organized by Citizens Foundation under LTI Mindtree Ltd's IVDP program in collaboration with NHM at Gopalpur Sub Centre, Mandia Block, Assam. The camp focused on screening and diagnosing hypertension, diabetes, and tuberculosis, with 155 participants, including 10 pregnant

and lactating mothers. Remarkably, 25 cases of tuberculosis were identified, emphasizing the importance of early detection. Thanks to the dedicated efforts of Health professionals, this initiative brought vital healthcare services to the community.

# HDFC BANK CSR TEAM VISITS HRDP ASSAM PROJECT

to witness community transformation









PARIVARTAN

Mrs. Nandita Das and Mr. Sudipta Dey officials from the HDFC Bank CSR Team visited the Citizens Foundation HRDP Tamulpur, Assam project villages in Bihdhia-Jajikona and the Goreswar development block to witness the transformative impact of community initiatives. Their visit began with a tour of the

renovated schools and sports arena, showcasing efforts to enhance education and encourage youth engagement. They then explored the Rural Outlet, a hub promoting local entrepreneurship, followed by the integrated agri-farm featuring solar sprinklers, which demonstrated sustainable farming practices. At the Stitchcraft Training Centre, they observed women honing their stitching skills, reflecting the program's commitment to empowerment and sustainability.

# **3 DAYS HEALTH CAMP IN KHUNTI, KARRA**

in collaboration with Union Bank of India



Citizens Foundation, in collaboration with the Union Bank of India, organized a 3-day health camp to Union Bank address healthcare accessibility in rural areas. The camp was inaugurated by Mr. B.N. Singh, Zonal

Head of Union Bank of India (Bihar and Jharkhand), along with Mr. Alok Kumar, Regional Head (Jharkhand), and Deputy General Manager Mr. B.K. Roy. The camps were held in the Kudlum, Kasira and Pargaon villages of Karra block and witnessed participation from 623 villagers. During the event, medical professionals conducted free health check-ups and provided free medicines for illnesses, including colds, diabetes, and other prevalent health concerns. The initiative



aimed to ensure timely medical attention and create awareness about health management among rural communities. The villagers expressed heartfelt gratitude for the effort, recognizing the positive impact of the camp on their well-being.

#### **CASE STUDY**







#### **Overview:**

Citizens Foundation, in collaboration with the LTIMindtree, established a Community Agri Resource Center in Paragon Village (Jurdaag Panchayat, Karra Block) as part of the Integrated Village Development Program. The initiative aims to address critical challenges faced by farmers, such as limited access to modern agricultural tools, knowledge gaps, and market vulnerabilities.



#### **Implementation:**

The Community Agri Resource Center was launched in September 2024 to provide essential agricultural support to local farmers. The center offers access to 20 modern agricultural tools, including plows, seed drills, and harvesters, at subsidized rates. Additionally, monthly workshops with agricultural experts are conducted to enhance farmers' knowledge and skills in sustainable farming practices.

#### **Impact on Farmers:**

The introduction of modern agricultural tools and expert guidance has led to significant improvements in farming efficiency and productivity:

- Enhanced Seed Germination: Farmers using seed drills reported a 30-35% increase in seed germination rates.
- Improved Efficiency: The use of advanced tools has significantly reduced labor time, allowing farmers to manage their fields more effectively.
- Higher Yields: Paddy harvests increased from 500 kg to 750 kg per acre, leading to better productivity and enhanced incomes.
- Economic Benefits: The rise in agricultural income has enabled families to invest in better education, healthcare, and high-quality farming inputs, contributing to overall well-being.
- Community Development: Beyond its role as an agricultural support hub, the center has fostered social interactions among farmers, promoting knowledge-sharing, collective problem-solving, and stronger community bonds.



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#### **CITIZENS FOUNDATION**

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