

IN THIS EDITION

- Strengthening Healthcare Quality at the Grassroots in Meghalaya
- Health Awareness Camp at Banka, Bihar
- Free Skin Disease Check-up Camp at Deoghar
- Empowering Rural Livelihoods through Fish Hatchery Development at Barpeta, Assam
- Strengthening Transparency and Impact through Field Review-SIMANA, Sikkim
- Promoting Health Awareness Among Young Minds in Meghalaya
- Case Study: Digital Classroom, "Empowering steps through digital education, giving new wings to dreams"

Where Memories Met Colours: Alumni Meet & Holi Celebration at Citizens Foundation



Citizens Foundation organized its Alumni Meet on 1st March 2026, bringing together former employees of the organization to reconnect, celebrate shared experiences, and strengthen their bond with the institution. The event featured a warm welcome, felicitation of distinguished alumni, inspiring addresses, and the sharing of memorable journeys by alumni who have grown as leaders in diverse fields.

Many alumni joined the gathering in person, while others participated virtually, reflecting the enduring connection they continue to share with the organization. The meet provided a meaningful platform to revisit memories, recognize contributions, and celebrate the shared journey of the Citizens Foundation family.

Adding to the spirit of togetherness, the occasion also witnessed a vibrant Holi celebration, where staff and alumni came together to celebrate the festival of colours. The atmosphere was filled with joy, laughter, and warmth as everyone shared moments of happiness beyond the workplace.

The combined celebration beautifully reflected the essence of Citizens Foundation—as not just an organization, but a community that learns, grows, and celebrates together.



Strengthening Healthcare Quality at the Grassroots in Meghalaya



Citizens Foundation organized a capacity-building training session at Ichamati CHC, where 22 healthcare staff members, including 4 doctors, actively participated. The session was facilitated by Mr. Bryan Mairom, Quality Manager, Internal Performance Agreement (IPA).

The training focused on the National Quality Assurance Standards (NQAS), emphasizing key areas such as quality management, patient safety, proper documentation, and staff safety. By strengthening the understanding of each team member regarding the objectives and components of NQAS, this initiative marks an important step toward achieving quality certification for public health facilities and ensuring safer, more reliable healthcare services for the community.



Health Awareness Camp at Banka, Bihar



A health awareness camp was organized at Belsara Primary School in Banka, Bihar through the SBI Foundation's Sanjeevani - Clinic on Wheels initiative, in the presence of Headmaster Md. Jafarullah Ansari and the Citizens Foundation team. The session focused on educating students about the importance of personal hygiene and cleanliness to promote healthy habits from an early age. Through interactive discussions, students learned simple practices such as regular handwashing and maintaining personal and environmental hygiene. A total of 101 students and 2 teachers actively participated in the program. The initiative aimed to build awareness among young minds and encourage lifelong healthy practices.

Free Skin Disease Check-up Camp at Deoghar



A free skin disease check-up camp was successfully organized at Arenja Devipur village in Deoghar through a collaborative effort by SBI

Foundation and Citizens Foundation. The camp was inaugurated by the Hon'ble Mukhiya and attended by village dignitaries, reflecting strong community participation.

During the camp, 153 villagers received free medical consultations and medicines, while 15 beneficiaries underwent necessary laboratory investigations. The initiative aimed to improve access to healthcare services in rural areas by providing timely diagnosis, treatment, and awareness about common skin diseases.

The camp not only addressed immediate health concerns but also helped raise awareness about skin health and hygiene, contributing to better preventive healthcare practices within the community.



Empowering Rural Livelihoods through Fish Hatchery Development at Barpeta, Assam



The Fish Hatchery Unit at Pathalikuchi Pathar, Mandia Block,

Barpeta District was successfully inaugurated and handed over on 13 February 2026. The event was attended by Mr. Bharat Sharma, District Fisheries Development Officer, along with Mr. M.N. Suresh, Chief Coordinating Officer, Citizens Foundation; Mr. Nitesh Kumar Singh, Program Manager; Mr. Lawrence Kullu, Project Manager; Citizens Foundation staff; and members of the Hatchery Management Committee, including President Mr. Abdul Mannan and Secretary Mr. Shah Alam.

The hatchery unit was established with the support of LTI Mindtree Foundation and implemented by Citizens Foundation. During the event, Mr. Bharat Sharma highlighted the importance of hatchery centers in enhancing fish production. He noted that the center will produce quality fingerlings for local fishermen, strengthening rural livelihoods and promoting integrated fish farming systems. He also encouraged youth to explore opportunities in fisheries and benefit from government schemes in the sector.



Strengthening Transparency and Impact through Field Review-SIMANA, Sikkim



The Director, Rural Development, Citizens Foundation, along with the APM – Finance, conducted a review

of the ongoing project activities and held detailed discussions with the team on financial documentation, activity progress, and audit observations. The interaction focused on strengthening systems, ensuring compliance, and reinforcing the team's commitment to transparency, accountability, and effective grassroots implementation with the support of HDFC Bank CSR.

During the visit, the team was also honored to welcome Ms. Bidhya Biswakarma, Chairperson, Cooperation Department, Government of Sikkim. She interacted with the team and the Project Manager and appreciated the positive impact the initiative is creating within local communities. Her visit served as an encouragement for the team to continue working towards sustainable development and community empowerment.



Promoting Health Awareness Among Young Minds in Meghalaya



Citizens Foundation's Mobile Medical Unit Team, in collaboration with SBI Foundation, conducted an awareness camp at Little Star English Secondary

School, Laiphew Diengngan, reaching 101 students, teachers, and staff members. The interactive session was led by Dr. Nengneilam Hoakip and Staff Nurse Shalisha Bareh, who discussed the harmful effects of alcohol, tobacco, and drugs on concentration, mental health, and academic performance.

The session also addressed important aspects of adolescence and puberty, helping students understand that physical and emotional changes during this stage are natural and should not be a source of fear or embarrassment. Students were encouraged—especially girls—to speak openly, seek guidance when needed, and prioritize their health and well-being. The initiative aimed to empower young minds with knowledge that fosters healthier and more confident futures.



CASE STUDY



Digital Classroom

Empowering steps through digital education, giving new wings to dreams

Overview:

Janaki Bazar M.E. School, located in the rural cluster of Uttarkanchanpur-II, caters to 511 students from grades I through VIII. In response to evolving educational needs and the drive towards digital inclusion, Citizens Foundation, supported by LIC-HFL under the HRIDAY project, initiated the establishment of a Digital Classroom at the school in 2025.

The primary goal was to enhance student learning outcomes, promote digital literacy, and support skills development among children who otherwise had limited access to technology.

Outcomes:

The establishment of the digital classroom at Janaki Bazar M.E. School resulted in improved access to technology and enhanced learning opportunities for all 511 students. Through regular, structured use of four computer sets, students acquired basic computer skills and showed increased interest and engagement in classroom activities. Teachers successfully integrated digital content into daily lessons, making teaching more interactive and effective. Overall, the initiative strengthened teaching practices, increased student participation, and laid a strong foundation for continued digital learning within the school.

Impact:

The digital classroom has brought a visible and lasting change in the learning experience of its 511 students. For many



children, this was their first opportunity to interact with a computer, transforming curiosity into confidence. What once felt distant and unfamiliar has become an accessible part of everyday learning. It has created a meaningful shift in how learning is experienced by its students. For many, it marked their first interaction with computers, turning initial curiosity into confidence and motivation. Lessons became more engaging and easier to understand through visual and interactive content, leading to improved participation, especially among previously hesitant learners. The digital classroom is a lasting symbol of progress under the HRIDAY Project implemented by the Citizens Foundation.



GOALKEEPERS, MONTHLY NEWSLETTER
(For Internal Circulation Only)

CITIZENS FOUNDATION

Content: Knowledge Management Team
Editor: Priya Barla & Kajal Kumari

Follow us @

